



# The Country Register of New Hampshire

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The Country Register began in Arizona in the fall of 1988, to provide effective, affordable advertising for shops, shows and other experiences enjoyed by a kindred readership. Since then the paper has spread to many other areas, all of which are listed below. Look for the paper in your travels. To receive a sample paper from another area, mail \$3 in the U.S.A. or \$4 in Canada to that area's editor. Advertising rates are available upon request. If there is not a paper in your state, contact the editor of the Arizona paper at 1-888-942-8950. The Country Register is available at each shop that advertises and often at other unique locations. We hope you enjoy this bi-monthly publication

### Country Register Publishers' Contact Information

and let the advertisers know you appreciate them bringing to you.

Send \$3 to any publisher below to receive a paper from that area. • Indicates the State has a web-viewable version of The Country Register. The Country Register Founder: Barbara Floyd, 602-321-6511, info@countryregister.com, located in Phoenix, AZ

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# In This Issue

Cover Story	.2
Cup of Tea with Lydia	
Events Calendar	
Free Pattern	14
Shop Locator Map	16

# The Deadline for the Jan/Feb Issue is December 1st for Ads & Articles

Our feature articles will focus on: Holiday Decorating and Projects

### Disclaimer

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### Single Issue \$3 each

July/Aug\_\_\_\_ Jan/Feb March/April\_\_\_\_ Sept/Oct\_\_\_ Nov/Dec May/June

6 Issues \$18

Start with issue

Send your check or money order to: The Country Register, 20 Chester St., Chester NH 03036

## **Upcoming Events**

Oct 28th-Nov 1st Winterberry Farm - Closed for

Decorating Changeover

Oct 31st-Nov 2nd Tin Roof Primitives - Closed for

decorating

Nov 2nd-4th **Bittersweet Blessings** - Christmas

Open House Part 1

Nov 2nd-4th Sage Farm Antiques - Merry &

Bright

Nov 2nd-4th Winterberry Farm - Christmas

Gatherings Open House

Nov 2nd-4th **Homespun Treasures** - Christmas

Open House (see ad for hours)

Nov 3rd -Nov 4th **Tin Roof Primitives**- Christmas

Open House Sat., 10am-5pm, Sun.,

10am-5pm

Nov 8th-12th **Countryberries** - Christmas Open

House

Nov 9th-11th **Bittersweet Blessings** - Christmas

Open House Part 2

Nov 10th **J&F Farms** - Kids Paint Party

10am - Registration Required

Nov 10th-11th **C&G Country Creations** - Christmas

Open House

Sale

Nov 11th Patches Quilt Loft - Annual 40% Off

Sale

Nov 17th **J&F Farms** - Kids Magic Mug

Creations - Registration Required

Nov 17th-18th Christmas on Deerwood Hollow -

Annual Craft Fair

Nov 23rd - 25th Bittersweet Blessings - Black

Friday & Small Business Saturday

Weekend Sales

Nov 23rd-25th **Countryberries** - Holiday Sampler

Nov 24th Log Cabin Antiques - Small

Business Saturday Open House
Dec1st-2nd **Bittersweet Blessings** - Christmas

in the Village

Dec1st-2nd **A Knitters Garden** - Christmas in

the Village

Dec1st-2nd Town of Chester, NH - **Christmas in** 

the Village (see ad for numerous

participants)

Dec 7th-9th Sage Farm Antiques - Mistletoe

Magic

Dec 8th **J&F Farms** - Odds Bodkin "Winter

Cherries" Performance Free

Dec13th & 20th Bittersweet Blessings - Customer

Appreciation Evening Event

Dec15th **J&F Farms** - Kids Paint Party

10am - Registration Required

Dec 26th-30th Winterberry Farm - After

Christmas Sale

Dec 26th-TBD **Bittersweet Blessings** - After

Christmas Blowout Sale

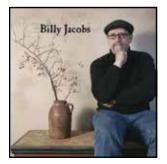
Advertisers, list your events in our calendar

# Our Search for Cover Litwork —

Across the U.S. and Canada, you can always tell *The Country Register* by it's cover. Our publishers seek to find cover art or photos from the state the paper represents. To that end, we are seeking the work of artists from New Hampshire to feature on our covers. The art must be in good taste and consistent with the theme of the papers.

If you would like your work to be considered, please send an email indicating your interest to michelle@countryregisternhvt.com.

# About our Cover Artist



**Billy Jacobs,** a long time resident of Ohio, started his career in the Country Gift Industry in the early 80's as a woodcrafter and designer.

Billy designed as well as manufactured thousands of country and primitive products throughout the 80's and 90's. In the 2000's Billy turned his focus from woodcrafting to painting. His early folky primitive style was well received by his customers. Billy continued to refine his

painting style and in late 2006 switched from acrylics to watercolors and began his journey painting the rural American countryside. Since then Billy's artwork has taken the market by storm, his depiction of the simple American lifestyle and days gone by bring a nostalgic comfort to the viewer and have made him one of today's most sought after artist.

To view Billy's art prints, go to www.PennyLanePublishing.com or call Penny Lane Publishing at 800-273-5263 for more information.

# A Note from the Editor....

Happy November everyone! There is certainly a change in weather lately and a cool, crisp nip is in the air. For all us New Englanders there is nothing even slightly comparable to this season....before snow flies of course! November is one of my favorite months because Thanksgiving is my most favorite holiday. I love hosting a nice big Thanksgiving dinner for my family and having everyone gather to enjoy time with each other.



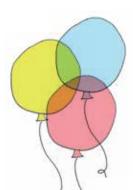
As much as I love the hustle and bustle and smiles of the lil ones on Christmas morning, there is just something about Thanksgiving for me. It is a time I reflect on all I have to be thankful for and how, even if the past year has challenged me, I am so blessed everyday and I never want to take that for granted. Those that know me well would say I tend to overdo when cooking so I have changed some of the "day of" cooking so that I have more time to spend with the family gathered at my home. In recent years I have changed to making two turkeys instead of one massive one and this has helped tremendously. I even cook my turkeys the day before Thanksgiving... yes the day before! I did this one year out of necessity and I realized how much it freed me (and my oven) up during the actual Thanksgiving Day festivities and I have never gone back to day of roasting. I take plenty of time on the day before Thanksgiving prepping and dressing my turkeys and baking them with my full attention on them. Once they are done, we take them out (the smaller ones allow me to be able to move them around so much easier for basting etc) then it is time for Doug to get to work. He does all the carving of the Turkeys and we then lay it in pans with some broth/ basting fluid and cover with aluminum foil and refrigerate. On the day of the wondrous meal we use our slow cookers to their maximum potential and we have light meat in one and another has the dark meat with the broth keeping them moist while heating up to perfection. I also make my mashed potatoes the day ahead and reheat those in yet another slow cooker. The amount of time this has freed up for us on Thanksgiving is amazing and my ability to actually relax and enjoy my family has been returned to me. I was beyond nervous to make any food ahead of time as so much of the Thanksgiving holiday memories are based on the meal itself but I came to realize the taste is phenomenal and even more juicy then day of. Quite frankly I realized that even more important then the meal on the table was the family gathered around it. Too often I get wrapped up in making things perfect that I forget to enjoy them. I am constantly working to remind myself and to make time for the people in my life and to be thankful for them daily. During this most festive season, I hope you all make many great memories that will last you years to come.

Happy Holidays!

~ Michelle

# The Country Register







A series of articles has been brewing in my head for months now as the time drew near to start celebrating the 30th Anniversary of The Country Register Newspapers. The plan is to celebrate for a whole year and in each upcoming issue I will tell you a bit more about how this all came into being. I will also share, separately, favorite recipes from my kitchen where I still spend a lot of time.

I have always been an entrepreneur at heart so it seemed only natural that, after raising four children, I would meld the business world with my love of handmade items. As a former art teacher and, next, a PTA mom, I got a taste of this combination by organizing one of the first, highly successful juried arts and crafts fundraisers in Arizona. When the school eventually phased out that event, this show moved to my Phoenix home creating an instant success. Soon home-based arts and crafts shows became popular all over.

Then I opened a small gift shop close to home. Having a young daughter with the same talents and passions provided for a great lets-do-it-together project. Daughter Barbra-Jean eventually owned the shop, one of the first "country" shops in Arizona. Our mother-daughter team then opened one of the first combination tearoom and gift shops in the state. Gooseberries Tea Room had an over 25 year run in Phoenix with three different owners and is still well remembered and much missed.

Needing an effective yet affordable means of advertising the shop, Barbra-Jean suggested that I put out a promotional newspaper. So, in fall 1988, with no publishing experience and no computer, I introduced The Country Register, which made its debut with eight black and white pages featuring twenty-four advertisers. Some of those original advertisers still in

business continue as steady, constant supporters of The Country Register to this day.

The Country Register has played a large role in the success and growth in the industries it promotes. One of the publication's biggest strengths is forging bonds between shop owners, crafters, artisans and customers. It is distributed without charge at its advertisers' locations as well as other 'well-traveled' sites.

Eventually, as popularity of the newspaper spread, people from other states approached for help in starting The Country Register in their own areas. Thus, a licensing agreement for the nationally trademarked name and logo was arranged. Michigan became the second state to have The Country Register and continues to this day with a very large publication. Currently there are thirty-one Country Register papers across the United States and Canada, several of them combining two or more states

To get a bit organized for this writing project, I spent two days sorting photos and finishing two scrapbooks that were partly done. One was about The Country Register and the other was about other business ventures over the past 40 years. I figured getting these in order would be a good reminder of memories past, finish these two projects and, at the same time, produce photos and ideas to share with you. Please visit The Country Register, Inc., on Facebook and see what is shared there as well.

Until next issue.... farewell.

Barbara Floyd enjoys her downsized lifestyle in Phoenix, AZ, and her visits to see children and grandchildren in Tri-Cities and Walla Walla, WA, Cumming, GA, and Ft. Wayne, IN. She created and volunteers to put together Love of Junk, Walla Walla's Vintage Show on her oldest daughter's farm in Walla Walla, WA, each June. She can be reached at barbara@countryregister.com.

# Countryberries Designs



# Belsnickle

This pattern is free for you to use. Please give the artist credit. Not for commercial use. Enlarge this pattern to your desired size. This pattern was designed to be painted but can be needlepunched, hooked or appliqued.

Have fun!

Designed by Kathy Graham

# Countryberries

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603-463-7615 www.countryberries.com



### Celebrating 30 Years of Publishing

# **Favorite Scone Recipe**

from Barbara Floyd's Kitchen

I could not begin to tell you how many triple batches of these scones I have made over the past 30 years! One thing I found out and tested many times is making them up ahead of time, cutting them out and freezing on a cookie sheet. When they are frozen solid, pop them into a good airtight container and, hours before wanting to bake them, thaw out completely (covered by a clean dishtowel) on either a stone or a cookie sheet—I like to put parchment paper down first—and then bake as directed.

# **Cinnamon Nut Scones**

3 C. flour

1/2 C. sugar

2 1/2 t. baking powder

1/2 t. baking soda

1 T. cinnamon

3/4 t. salt

Blend the above ingredients well

3/4 Cup Cold Butter cut in so mixture is crumbly (like pea size)

Add 1/2 Cup chopped Walnuts or Pecans

1 Cup of Buttermilk, Stir gently until all is moist.

Knead mixture slightly and cut into rounds desired size on a floured board.

Use egg wash on top if desired.

Bake at 400 degrees for 12-15 minutes.

One variation of this recipe is to leave the cinnamon out and add dried cranberries along with the nuts. I often made triple batches of both versions. We used this recipe exclusively at Gooseberries Tea Room & Gift Shop in Phoenix and also at The Country Register Cafe & Tea Room in Kennewick, WA, in years past. Now I use it in single or double batches for home entertaining. If you don't have cookie cutters the right size, you can use an empty tin can or a thin edged drinking or juice glass or cut them in wedges with a sharp knife.

# The Country Register





# A TREE-mendous Holiday Teatime

With the holidays around the corner, 'tis the season for family, friends, and festivi-teas. One of our holiday traditions is sharing a cuppa tea with my niece and family when they come to town in December. Here are some ideas from last year's TREE-mendous teatime with the Stewart clan from Virginia.

TREE-mendous Guests

On a frosty December day, 12 relatives from three generations mingled in our living room. After warm greetings and hugs, I served sparkling cider mixed with mango nectar in punch cups. All of us, including the first and second cousins, were excited to see our "relafriends" again. (Relafriends is a term my nephew coined as a grade-schooler. It describes how we feel about each other—we're not only relatives, we're also friends.)

Soon we gathered around the dining room table. Although this was a ladies tea, I invited my preteen grandson to help me serve. His reward was sipping all the hot chocolate with whipped cream he wanted.

### **TREE-mendous Setting**

I spread a red-and-green Stewart plaid table topper, for the Stewarts, over the cream-colored cloth. In keeping with the tree theme, the centerpiece was a decorated small living tree, and the green cloth napkins were folded into tree shapes. (You can find tutorials online to fold napkins this way.) I loved using my mother's sparkling silver from my childhood. And my tree-shaped Spode Christmas serving dishes added to the decor.

Beside each place setting, an unpeeled mandarin orange became a candleholder for the birthday candle in the center. Oregon grape leaves and pomegranate seeds were placed beside the orange to resemble holly with berries. With everyone seated, we lit the candles and my seven-year-old granddaughter, Anna, sang, "Happy Birthday, Jesus." Then we blew out the candles and ate our oranges.

### **TREE-mendous Food**

We had plenty of food to choose from: corn chowder, ham-and-Swiss cheese sliders cut into triangles, meat turnovers, and quiche made with and without crust (for those gluten-free). The foods all passed the taste test and are part of my cookbook, In the Kitchen with Grandma: Stirring Up Tasty Memories Together, coming out August 2019.

We also savored gluten-free scones baked by another niece. Slathered with lemon curd, raspberry preserves, and whipped cream toppings, they tasted like dessert. The tree theme came through with pretzel trees that topped the layered dessert another guest brought. (Recipe for trees included.) In honor of my niece's 2017 book release, Stars in the Grass, we also nibbled star-shaped butter cookies served in a basket with shredded paper grass.

With several tea blends to select from, guests sipped their favorites from china teacups. (Online, you can order teabags that come in different shapes, such as trees, stars, and candy canes.) We concluded our tea with mini teacups of eggnog. Before the guests left, I passed around a basket with boxes of tea, and they could help themselves.

### **TREE-mendous Memories**

The tradition of inviting my niece Ann Marie Stewart and her girls, Christine and Julia for tea began when Ann's children were preschoolers and held their china teacups with two hands. They looked so cute and angelic. Now they are lovely young women finishing college.

I'm always thankful for opportuni-teas to connect generations and express love and friendship. Sharing tea bonds and strengthens relationships and draws relafriends closer together.

This holiday season, I hope you'll join me and plan a TREE-mendous teatime to warm the hearts of family and friends.

Teapot is on, the cups are waiting,
Favorite chairs anticipating,
No matter what I have to do,
My friend, there's always time for you.
—Author Unknown

Lydia E. Harris, known as "Grandma Tea," holds a master's degree in home economics. She wrote the book Preparing My Heart for Grandparenting (AMG Publishers). Harvest House Publishers will release her new book, In the Kitchen with Grandma: Stirring Up Tasty Memories Together, August 2019.

# From Lydia's Recipe File: TREE-mendous Treats!

These pretzel trees are fun, festive, and yummy. They make cute toppers on mini-cupcakes, muffins, tarts, or even a birthday cake for Jesus. "All the trees of the field will clap their hands." (Isaiah 55:12 NIV)

### You'll need:

Small pretzel sticks (about 3 inches long)

Green, mint baking chips (e.g. Guittard) or green candy melts (e.g. Wilton)

Sprinkles

Plastic sandwich bags and a twist tie

Toothpick

Waxed paper or parchment paper

### **Directions:**

- 1. Place waxed paper or parchment paper on a baking pan and place five pretzel sticks four inches apart in the pan.
- 2.Use a toothpick to poke a small hole in one corner of the plastic bag.
- 3. Place the bag in an empty glass or mug with the hole pointed down. Fold the top of the bag over the edge of the container to hold it in place. (This makes it easy to spoon the melted chips into the point of the bag.)
- 4.Melt 1/4 cup chips in a custard cup or small microwave-safe bowl for 30 seconds. Stir. Continue to heat, 15 seconds at a time until the chips are completely melted. (Lumps clog the hole in the bag.)
- 5. Spoon melted chips into the plastic bag. Twist-tie the bag shut just above the melted chips.
- 6.Gently squeeze melted chips through the hole onto a pretzel trunk, using a back and forth motion to create a tree shape. Start half way up the pretzel trunk, leaving 1 1/2 inches for the tree trunk. Make the candy tree about 1 1/2 inch wide at the bottom and zigzag back and forth to the top of the pretzel to make a triangle-shaped tree.
- 7.Immediately sprinkle with decorations. Refrigerate until firm.
- 8.To make more trees, repeat the steps using another 1/4 cup of chips and a new plastic bag. When trees are firm, carefully remove them from the paper.
- 9.Eat the trees plain as a crunchy candy treat, or use them as toppers for small cupcakes, muffins, tarts, or dessert. If you frost the cupcakes white and add coconut, it looks like the trees are standing in snow.

**Yield:** 1/4 cup chips makes about 5 trees. 18 candy melts make 8 trees. **Variations:** Make trees with regular chocolate chips or white chocolate chips.

Sprinkle with fine coconut "snow."

For a stronger mint flavor, sprinkle trees with crushed candy canes.

Tip: You can find candy melts at candy and cake supply stores, some craft stores, and online.



# **Tin Roof Primitives**

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# **Pumpkin Dip**

16 ounces cool whip thawed

15 ounces canned pumpkin

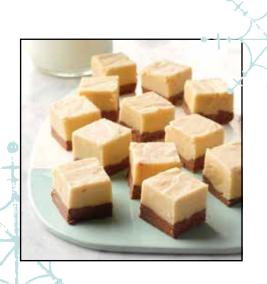
1 tsp pumpkin pie spice

5 ounce pack of instant vanilla pudding-do not make it

Mix all ingredients and chill

# Customers at **BITTERSWEET BLESSINGS**

are always enjoying the yummy goodies during events. Here are a few of the sought after recipes.



# **Ribbon Fudge**

3 cups sugar (divided)

3/4 cup margarine (divided)

2/3 cup evaporated milk (divided)

6 oz. semi sweet choc. chips

7 oz. jar marshmallow (divided)

1 tsp. vanilla (divided)

½ cup peanut butter

In a medium sized saucepan combine half of the sugar, 1/3 cup of evaporated milk and 6 tbsp. margarine. Heat ingredients (medium-high) until they come to a gentle boil. Reduce heat slightly and continue a "gentle" boil for 4 minutes. Remove from heat and stir in the chocolate chips till melted. Add ½ tsp. of the vanilla and half of the marshmallow (1 cup) and stir till well blended. Pour into lightly buttered pan (either 11 x 7 or 9 x 13) depending on how thick you prefer your fudge pieces\*. Repeat the process using the same ingredients, substituting the peanut butter for the chocolate chips. Spread over chocolate layer. Cool at room temperature and chill for 1 hour before slicing.

\* I use an 11 x 7 glass baking dish

# **Seasoned Oyster Crackers**

12-16oz Oyster Crackers

½-1 tsp dill weed

<sup>3</sup>/<sub>4</sub>-1 cup salad oil

½ tsp lemon pepper

¼ tsp garlic powder

1 pkg Hidden Valley Ranch Dressing Mix

Combine all ingredients. Put crackers in a 9x13 pan and pour above mixture over crackers. Warm oven to 250 degrees for 15-20 minutes. Stir gently half way thru.

# Bittersweet Blessings Irish Cream

- -750ml of Irish Whiskey (Jameson's preferred)
- -8-10oz milk chocolate chips
- -2 (14oz) cans sweetened condensed milk
- -2 (12oz) cans evaporated milk
- -2.5 cups heavy cream
- -1/4tsp instant coffee granules

Melt chocolate on half power in microwave stirring after 1 minute.

Mix in the coffee granules, the 4 cans of milk, heavy cream and Whiskey. Enjoy now or refrigerate in glass mason jars for best taste.

Bittersweet Blessings, 20 Chester St, Chester, NH 03036

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# Become Inspired! Decorating, Entertaining and Living in the Early American Style



# Authentic Appeal

As the month of November approaches the landscape has been transformed and a deeper chill in the air reminds us that the holiday season is just around the corner. Our homes become special places to create memories with family and friends as we celebrate a much-anticipated season of splendor. And it is during this time of the year that country shopping is usually at its peak. Quaint shops often host unique events that beckon shoppers to spend time surrounded by the captivating glow of Christmas. An early sled in a worn wash of red decorated with a fresh balsam wreath strung with small white lights appears to represent an old-fashioned Christmas in its beauty and simplicity. A shopowner's layered displays of antiques, textiles and handcrafted gifts provide an authentic appeal that no fast-paced mall experience can match. The scents of spiced apple cider and yuletide candles waft throughout these country shops while the sound of the dulcimer music plays. Our often frenzied pace of the holiday rush somehow slows down as we begin to enjoy the pleasure of preparing for Christmas in the company of kindred friends at a shop we have come to love.

# Shopping by Candlelight

An evening spent at a "candlelight shopping" event means candles glowing along a charming village road bringing one back to a simpler time. It means shops and restaurants open late with the lights of Christmas streaming bright through the windows of a country storefront. It also means bringing back the magic of an old-fashioned Christmas with happy groups of carolers bringing a special joy from bygone years as we sip hot mint cocoa on a cold December night.

# Treasured Traditions

In our homes we can create this same simple magic. Using our favorite antiques along with the beauty of nature we can surround ourselves with the early traditions of Christmas. Antique firkins or measures take on a new role when they are filled with a small fresh balsam tree strung with lights. Trenchers filled with pine boughs and rosehips along with primitive gourds proclaim early New England Christmas. Popcorn strung with cranberries adorning a small tree in the window of an early home in its simplicity reminds us of traditions of the past where decorations were made by hand. Decorating our homes with these timeless treasures gives us a true sense of comfort that softens the stress of even our busiest days. When we honor family traditions like "bringing home the tree," we fill our home with true Christmas cheer and build memories that last a lifetime and remind us that our time spent with family should be treasured. So this holiday season, surround yourself with the beauty of simplicity. Share moments of tradition with family and friends and remember to honor that inspiring magic that this spectacular season can bring.

Annice Bradley Rockwell is an educator and owner of Pomfret Antiques. She is currently working on her book, New England Girl. NewEnglandGirl2012@hotmail.com



7

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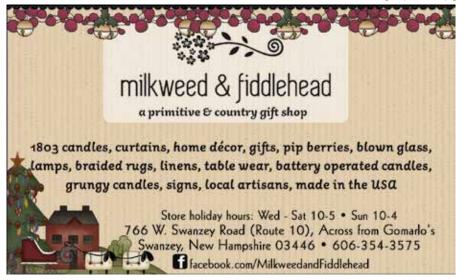
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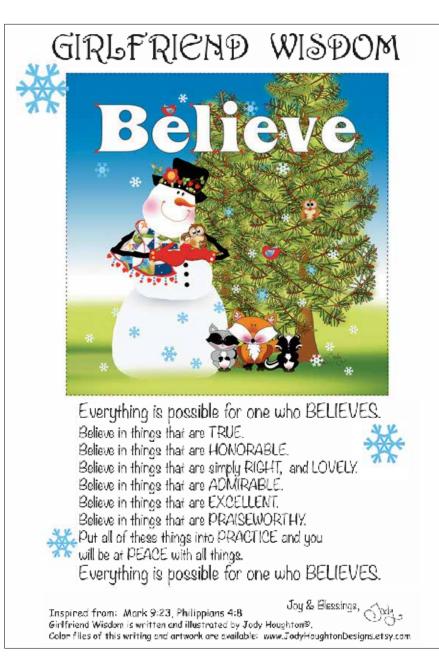






### MONADNOCK REGION





# Wit and Wisdom The Mountains Are Calling...

By Roxanne J. Ferguson

"Did you know Alaska is the biggest state in the United States, twice as big as Texas? Did you know that Barrow, Alaska, 800 miles south of the North Pole, has the country's longest day and night? Did you know that Alaska has a longer coastline than all the U.S. states combined? Did you know that Alaska is the only state to give its residents money just for living in the state...the Permeant Fund Dividend?"

My husband has been fascinated with Alaska for over 20 years, ever since he saw a large map with the routes of travel throughout this wilderness state. "Alaska, the last frontier!" he would exclaim. Along with naturalist, John Muir, he felt the pull, "The mountains are calling and I must go." He subscribed to the Alaska magazine; he watched Alaskan programs of homesteading, fishing, and gold dredging; he read books on Alaska.

But for me...if I heard one more "did you know" about Alaska I thought I might scream! Now mind you, I like to travel, learn, and see new places, but Alaska just wasn't one of my dream destinations. I was thinking more of palm trees, sunshine, and sand.

I couldn't take it anymore. Finally, one day, I said, "Stop talking about it and book the tickets!" I wanted to get the trip over with so he would

find something else to talk about. When given the go ahead, he booked our flight. He made it as smooth as possible...Syracuse to Chicago, Chicago to Anchorage. For me this was the dreaded part. I had been on a plane once in my life and that was 40 years ago! I also don't like heights and small spaces that I can't get out of! I had to breathe and tell myself, "I can do this!"

My husband wouldn't hear of doing the typical cruise and land tour that has it all laid out for you. No, he spent days researching, planning, on the computer, on the phone, until he had mapped out a route that would hit all the places he wanted to see. Once again, I was ready to scream.

Then, he said, "Let's pack so we both have just one carry on piece of luggage and, by the way, I plan on traveling for a month." OK, that did it! When I travel in a car, I take everything I might need. I might only use half of it, but at least it's there if I want it. This really cramped my style. But we shopped, with a tape measure in hand, for airline approved carry-on luggage. I got a pull behind one; he got a backpack style.

I put together clothes for seven days and practiced rolling them tightly. I found a miniature hair dryer. I got myself a cross body backpack style purse for smaller necessities. We planned on doing laundry once a week. Maybe I could do this!

The day of the trip arrived. Our son-in-law took us to the airport. I survived the flight, troubled mostly with take-off and landing. We are very fortunate to have friends near Anchorage who met us at the airport and invited us to stay in their home for several days. They took us on several sightseeing trips on land and on their boat. They fed us royally and gave us a wonderful place to rest. We experienced Prince William Sound, saw immense glaciers up close, watched whales breach, saw sea lions, seals, and otters. We caught shrimp and ate plenty of seafood.

Then we took off on our own adventure. Boarding a train on the Alaskan Railroad, we headed out for Denali National Park. There we took a bus through the tundra wilderness, seeing all sorts of wildlife: grizzly bears, wolves, caribou, Dall sheep, ground squirrels, eagles, ptarmigans. Later in our travels I was thrilled to see moose in the wild.

We continued on to Fairbanks, saw the sights and traveled from there in a rented vehicle. We were told we couldn't get lost in Alaska since there are only four main roads...and that is just about right. Sometimes even the main roads were rough due to frost heaves.

We saw mountains – huge mountains – that disappeared into the clouds, but would appear in all their glory on a clear day. Many were snow covered and there were glaciers that stay frozen year round. We saw rivers, lakes, and waterfalls, trees and foliage – mostly Sitka and black spruce, birch and aspen. The vegetation has to be hardy there. Fireweed was seen everywhere, reminding me of our goldenrod in the east.

As we traveled southward through the state, we had many glimpses of the famous Alaskan pipeline, one of the important parts of their economy, along with fishing and tourism. We saw historical relics of Alaska's past – old gold dredges, road houses, fishing boats, dog sleds, and elements of native Alaskan culture.

We visited Valdez, a beautiful harbor town, built around the fishing and oil industry, a harbor nestled between picturesque mountains. I have never seen water as blue as I saw in Alaska. In places it is a teal blue because of the glacial silt in the water. From Valdez, to Seward, to Homer, we saw fishing boats, small and large, as well as fish of all sizes.

I have to say the thing that impressed me the most, next to the landscape, was the people. It seemed as if Alaska was the center of the universe and where people from all over the world gathered. There were people from throughout the U.S., Europe, Asia, and beyond. We met people from England, Italy, the Netherlands, Israel, China, and New Zealand. Everywhere we went, we heard people speaking in different languages. Many of the workers at hotels and resorts were college students from around the world working there for the summer. Tour buses and cruise boats came and went. I enjoyed meeting native Alaskans and learning about their history and customs. I also liked hearing stories of those who moved to Alaska and what keeps them there. I felt enriched by all the people we met and encouraged that the world is still filled with many wonderful people.

Our time in Alaska was full of new sights and experiences. We took hundreds of pictures. I often had my husband stop the car and turn around so I could get that perfect shot. I even panned for gold my last day there. I knew I couldn't come back without having experienced it! No, I did not strike it rich. I am just rich in experiences. We had a wonderful time...twenty-seven days of adventure. My husband's dreams became a reality and I enjoyed it as much as he did. Look who is talking about Alaska now!

"It's the beauty that thrills me with wonder. It's the stillness that fills me with peace." – Robert Service. (from his poem "Spell of the Yukon")

Roxanne Ferguson lives with her husband, Perry, in the Tug Hill region of New York State. They are the parents of three grown daughters and five grandchildren. She enjoys writing, gardening, and music. Roxanne is a retired elementary teacher and is active in her church and community.

# The Country Register

### MERRIMACK VALLEY



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# Building Harmony The Christmas Quilt

by Jeff Cappis

Once again, that time of year had come around. It was already December and the snow was deep on the ground. December 24th to be exact. The night was typically cold for that time of year. The stars were clear and it was heading to minus thirty degrees outside. Our pond had frozen to a solid block of ice. Perfect for skating. On the other side of our frosty windows, I had all three fireplaces going with the lights down low and Christmas music playing.

My grandson Kane and I were sitting together on the floor in front of the fireplace having a Christmas eggnog. (Mine was special.) I put a quilt around us just to get cozy. He was excited at the prospect of Santa coming and a little on the distracted side.

"Don't spill," I said. "You know how Gramma gets when you spill on the floor."

"I know, Gramma always tells me," he toned with annoyance. Then he got careless and spilt some of his eggnog on the floor. "Oops."

Embarrassed, he started to wipe it up with the quilt when I stopped him. "Whoa, don't do that. This quilt deserves some respect."

"Why? It's just an old quilt..."

Well, he was right. It was old. About forty-five years old, in fact. But it wasn't showing all that much age really. It was handmade to last by my grandmother, who was an experienced seamstress in her own right.

Every year, my family would get together for Christmas. It was a big family. I had almost 40 cousins alone, with aunts, uncles and family from my grandparents' generation. This had been tradition for generations and we all looked forward to it.

As was also tradition, we would raise money at our parties for local causes so the older women would make these beautiful quilts and raffle them off. The year I was twelve, I won one.

It was great—soft and fuzzy on one side, durable fabric on the other. On the durable side, it had a very nice design that was reminiscent of a mountain scene. There were simple representations of trees and streams all under a blue sky. It was warm, too. Just the right size for sleeping under.

As I said, at the time, I was twelve and quilts didn't excite me much but it was fun to win something. My grandmother must have sensed this. She sat down beside me and gently pulled the quilt around us. My grandmother and I weren't often that close. It felt good.

"You know," she started, "when I was a little girl, we used to ride in sleighs to these parties. You can imagine how cold it got but somehow these blankets and quilts kept us warm. The horses, too! We never travelled without our quilts and blankets.

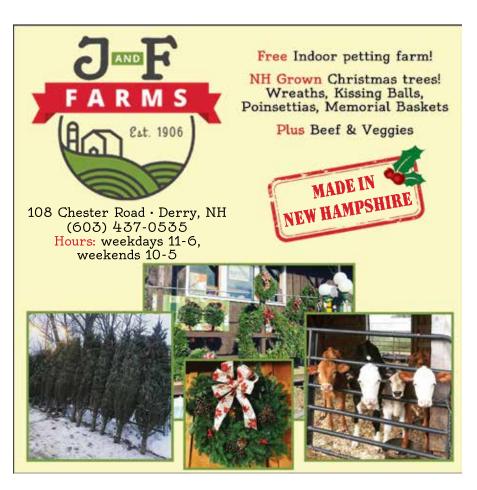
"The ones I mostly remember, though, were my mother's Christmas quilts. They had a special smell." She chuckled, "Maybe because they were stored the rest of the year with mothballs. Anyway, these quilts remind me of my family and how things used to be. Take care of this quilt. It's a good quilt and I hope it reminds you of these times."

I'll never forget it. She gave me a kiss on the cheek and kind of chuckled in her unique way. At the time, I was a little embarrassed. Now, well, I wish I could go back and talk to her again.

All this was going through my mind as I sat in front of the fire with Kane, my grandson, under the very same quilt forty-five years later almost to the minute. I gave Kane a kiss on the cheek and a chuckle. He didn't know why but then I began to tell him about my grandmother, the quilts and the Christmas tradition. The fire crackled as we talked and drank our eggnog.

He's old enough now to remember that story. I can only hope that maybe Christmas Eve forty-five years from now, Kane will be talking with his grandson or daughter, wrapped with the same quilt. Wouldn't it be nice to be all together like that again?

Merry Christmas from Jeff, Cathy and Kane at Harmony Acres. *Copyright 2018 by Jeff Cappis. Email: jcappis@telus.net*.





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RESULT

the Village December 1st-2nd

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WK DATE OPPONENT TIME (ET) TV vs Houston 1:00 PM Sun, Sep 9 Sun, Sep 16 @ Jacksonville 4:25 PM CBS Sun, Sep 23 @ Detroit 8:20 PM NBC

vs Miami Sun, Sep 30 1:00 PM CBS 8:20 PM FOX/NFL Thu, Oct 4 vs Indianapolis 8:20 PM NBC Sun, Oct 14 vs Kansas City Sun, Oct 21 @ Chicago 1:00 PM CBS Mon, Oct 29 @ Buffalo 8:15 PM ESPN/WatchESPN vs Green Bay 8:20 PM Sun, Nov 4 NBC Sun, Nov 11 1:00 PM @ Tennessee CBS BYE WEEK 11 @ NY Jets 12 Sun, Nov 25 1:00 PM CBS Sun, Dec 2 vs Minnesota 4:25 PM FOX 1:00 PM CBS 14 Sun, Dec 9 @ Miami 15 Sun, Dec 16 @ Pittsburgh 4:25 PM CBS

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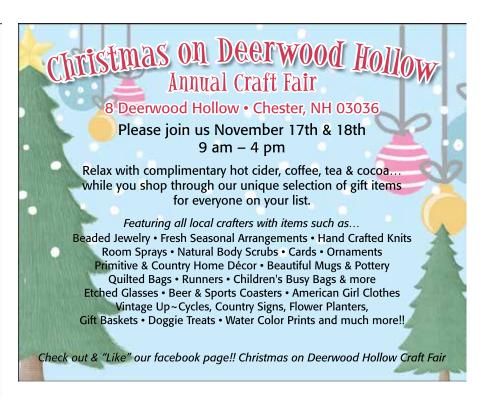
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# Cooking Up Some Christmas Memories

By Joyce Thompson

I've always found it interesting to discover the different types of holiday traditions families have, and how they celebrate. Some families don't place a single gift under the tree until Santa brings them during the overnight. Some people open their gifts on Christmas Eve. Some folks go to Midnight Mass. Some try to split up their time visiting as many family members as possible. But one of the most intriguing aspects of the holiday traditions is the cooking and the food!

My family has a tradition that was started many years ago by my mom. She bakes pork pie and we all get together and have that for our Christmas morning breakfast. Now you might be questioning eating a meat pie for breakfast, but it's actually no different than eating sausage or ham at that meal. We don't really know the origin, or the reason why my mom started making these pork pies. We think she got the idea from a high school pal that had it in their family. Pork pie being served on the holidays is a French-canadian tradition. Some know this as Tourtiere, and there is a long history of variations and different ingredients being used in this dish, such as mashed potatoes and vegetables. The curious part of the version that my mom makes, is that the







recipe is not written down anywhere! We've asked mom for the actual recipe, but she says it's all in her head. The main ingredients in our version are ground pork, Ritz crackers, a little bit of this spice and a little bit of that spice; and it's all cooked into a flaky pie



Every Christmas, after the hustle and bustle of shopping, the decorating, the wondering about what the weather is going to be for travelling, the rearranging of everyone's busy schedules, it's time to slip into our seats at the table, and the pork pie, hot from the oven, is finally cut! Scrambled eggs are served with it, as well as mountains of buttered toast. And, for our family, it truly is not Christmas until everyone gets that first bite of pork pie into their mouths.

Another recipe that my mom made for many years around the holidays was mince meat cookies. Once a very popular item around the holidays, packages of mincemeat would be stacked up high on end-caps in grocery stores. Nowadays you may have to go to more of a specialty store to find it. As kids we loved eating these cookies. I wonder if today's generation even knows what mincemeat is, simply because it is not as readily available as it once was. A mixture of currants, raisins, sugar, apples, candied citrus peel, spices, and suet, and many times distilled spirits, mincemeat is typically used as fillings for pies, croissants, or in our family's case, dozens of cookies.

Normally I write my columns about my passion for junque, and this time I have veered off in a different direction -- holiday cooking traditions. The fact of the matter is however, that it can be really easy to combine the love of holiday cooking with the love of wandering through junque shops. A favorite would be looking for old cookbooks. The best ones are typically covered in grease spots and have folded pages, and handwritten notes next to the recipes. Hunting for old cookie cutters, bundt pans, cast iron skillets, and wooden rolling pins is a lot of fun as well. All of these items bring us back to yesteryear, and help us to reminisce about our mothers' and grandmothers' recipes that were passed down through generations. I'm sure that there are many families who only use certain dishes to serve their holiday desserts, certain bowls to mix their cookie batter in, and certain recipes that have been written on pieces of paper, folded and re-folded throughout the years, tucked into a tin or wooden recipe box, until they come out for their annual appearance, much to the delight of hungry guests.

Joyce Thompson is the owner of Joyce's Junque. She has various booths in shops throughout New England, specializing in vintage kitchenware, country items, cookbooks, and of course, holiday décor. You can find out more about Joyce's Junque on her facebook page at https://www.facebook.com/joycesjunque/



# Father Christmas

By Melissa Rossetti Folini

Some of the best Christmas memories many of us have usually involve our childhood. Family traditions, Christmas Eve anticipation, visiting relatives, special recipes and more. The mere smell of a certain food or candle often triggers that wonderful nostalgia of Christmases past.

For many people the memories revolve around their Mothers or Grandmothers making special food or gifts specifically for the holiday. Although my Mom did the majority of the cooking and baking, it is memories of my Father and Christmas that are strongest in my mind. When I was younger we always had a real Christmas tree, and we could not put ONE single ornament on it until my father strung the lights first and sometimes the waiting was torture! Likewise the tree wasn't finished until he hung the last piece of foil tinsel. Christmas mornings my sisters and I were not allowed to come downstairs until my Father was ready and standing at the bottom waiting to blind us, I mean greet us, with the giant light bar attached to the movie camera as he insisted on filming our ascent.

The Saturday before Christmas our family would always go to the North End in Boston, Ma. with my Uncles and cousins. My uncle Ronnie went to stock up on the seven kinds of fish we would eat on Christmas Eve at his house and we would stock up on chocolate and chestnuts for our house! Roasted chestnuts were a staple at our house on Christmas. I couldn't wait until after dinner when my dad would take each nut, carve an "x" in the top, and then put them in a tin pie plate on the woodstove to heat them up. I barely waited until they were cooled before I peeled and ate them. They are still one of my favorite nuts (& memories) to this day.

My Father was also famous for making Rosettes every year. Those light and crispy fried "shells" were one of my absolute favorite desserts and they were an integral part of our holiday cookie tray that was always wrapped and ready just in case company came! These Rosettes were my father's way of contributing to the holiday baking and he would make several plates and set them aside to give as gifts to our neighbors. Now, as nice a gesture as this was no one ever knew the process of how those yummy powdered sugar-covered shells came to be.

My Father "could" cook but thankfully for my Mother he didn't do it very often. When the mood struck him, she would always make herself scarce as quite frankly there wasn't room in the kitchen for anyone else! He was known to get up on a Saturday morning and declare TODAY was the day he was going to make homemade sauce; from scratch. He would put a giant stock pot on the woodstove and then using just about every pan and utensil in the house he began to create his masterpiece. He would add our garden grown plum tomatoes along with all the other necessary ingredients and when he was finished, he would either leave to go hunting or go out back chop to wood. That left us with the task of, not only stirring the pot all day, but cleaning up the kitchen as well!

The process of making the Christmas Rosettes was not much different! After my Mother banished herself from the kitchen he would carefully cut open a brown paper bag (or two) and cover the entire stove except for the one burner he was using. This was to keep the stovetop/counter from getting too greasy and it was also what he put the shells on to drain while they cooled. He then would use several bowls to mix the batter and when he was ready he had a special yellow enamel sauce pan he would do the actual frying in. Now, this was in the days before home fryers and Fry Daddy's and he didn't use a candy thermometer so it took a minute to figure out the right frying temp. Usually the black smoke and the chirping fire alarm were enough to let him know he could proceed. Oh, and did I mention the annual last-minute search for the Rosette iron? You know, the one his Mother used to use, stored in a plastic bag with the grease-stained recipe that hadn't been seen since LAST Christmas! Good times.

All kidding aside once those golden shells started piling up on the brown paper it was very hard to stay out of the kitchen (& the way!) I didn't even care that they didn't have the sugar on them yet. They were light and warm and super crispy and they were just perfect! My reward for getting to be one of the first to try one was, you guessed it, helping to clean up the kitchen!

Both of my parents are gone now but our Christmas traditions are very much alive and I am grateful for all the cooking, the memories, and even the messes!

I still have the set of Rosette irons my father used and the yellow pan too! If you don't have a set of irons, but would like to start a new family tradition, don't worry, they actually still sell them in stores, they are sometimes called Timbale irons. Some sets even include different shapes as well. If you'd prefer a set with a bit more history, many pop up from time to time in antique and vintage shops.

Here's the recipe to get you started!





# Rosettes

(Makes approx. 2 dozen)

### **Ingredients**

- 1 well-beaten egg
- 2 Tbs white sugar
- 1 cup sifted all-purpose flour
- ¾ cup milk
- 1 tsp vanilla extract
- 1/4 teaspoon salt
- vegetable oil for frying
- sifted confectioners' (powdered) sugar

### Directions

- 1. Combine eggs, sugar and salt; mix well. Add remaining ingredients and beat until smooth.
- 2. Heat a rosette iron in deep, hot oil (375 degrees) for 2 minutes.
- 3. Drain excess oil from iron. Dip in batter to 1/4 inch from the top of the iron, then dip iron immediately into hot oil (375 degrees). Make sure it is a fairly thin layer of batter
- 4. Fry rosette until golden, about 30 seconds. Lift out; tip upside down to drain. With fork, push rosette off iron onto a rack placed over paper towels (or leave to drain on brown paper bags.)
- 5. Reheat iron; make next rosette. \*\*This batch will take you about an hour to fry.
- 6. When cooled dust rosettes with confectioners' sugar.

Melissa Rossetti Folini is a writer, retired Library Director, photographer, and licensed Zumba Fitness instructor. She is the author of "Story Times Good Enough to Eat," several published short stories and poems centering on the highlights and humor of living in the Granite State. Melissa has also been repurposing and selling collectibles, antiques, crafts and homemade goodies for 3 decades in various shops around New Hampshire and occasionally out of her home in Southern NH. Melissa's current projects, writing snippets, and shop items for sale can be found on her Facebook page https://www.facebook.com/MelissaFoliniBLW

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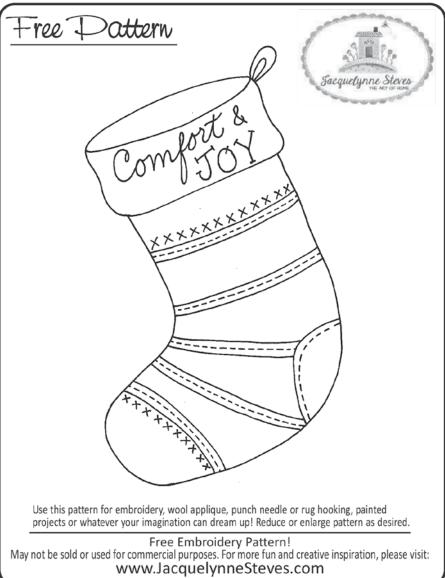
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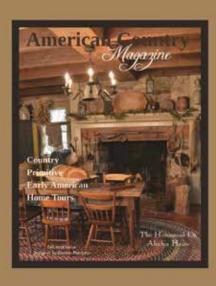
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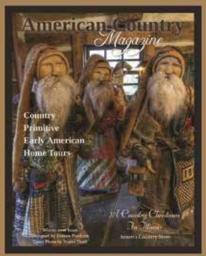








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# CHRISTMAS COFFEE CAKE

350° 9 Servings

Very moist - comes out just beautifully. Berise warm from the oven around the tree on Christmas morning. 🔊

1 c. flows

1 tsp. soda

1/2 tsp. salt

1/2 c. cored, geeled, chopped apple 1 c. chopped fresh cranberries

1 stick unsalted butter, melted

Tegg, lightly beater

1/2 c. light brown sugar

1/2 c. granulated sugar

1/4 top. ground closes

1/4 top. ground nutmeg

1 top. ground cinnamon

1/2 c. chopped walnuts

powdered sugar, for dusting

Preheat oven to 350°. Sigt together flour, soda, & salt - set aside. Combine all remaining ingredients & mix well. Stir in flour mixture. Spread in a buttered 8 inch square baking pan. Bake 40-45 min., until knife inserted in center comes out clean. Let sit 10 min., cut into squares, sift over powdered



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